

# ISA Kids®



Congratulations on choosing to give your child a head start with the purchase of the IsaKids® Nutrition System. This remarkable system is an ideal way to help give your child the nutrition that growing minds and bodies need. Please turn this page over for easy 1-2-3 directions on how to get started.



ISA Kids® nutrition system  
(free prize included)

Turn page over for EASY 1-2-3 directions!

It's as easy as 1·2·3!

Start your day with IsaFruits®, an IsaLean® Shake, and IsaKids® Essentials.

1



IsaFruits®

1 scoop with 8 oz. of purified water



IsaLean® Shake

1 scoop (chocolate or vanilla) with 4 oz. of purified water in addition to, or in place of, a healthy breakfast



IsaKids® Essentials

Children under Age 4: 2 chewable tablets  
Children over Age 4: 4 chewable tablets

2

Enjoy an IsaLean® Bar as an afternoon snack or with a healthy lunch.



IsaLean® Bar



healthy lunch

3

Be sure to drink plenty of water and get some exercise, too!



plenty of water every day



Exercise: 20+ minutes